

# Nexxo-Prep RNA mini

RNA extraction, by spin-column system, for the isolation of up to 100 µg total RNA from cell cultures (max.  $1.10^7$  cells), tissues (max. 20 mg), paraffin-embedded tissues or blood (max. 1.50 ml).

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries or can be stored for future use.

*Note: this kit has not been validated for the extraction of viral RNA and has not been tested for the isolation from serum or plasma.*

## I. Kit components

	10 preps	50 preps	250 preps
<b>Tampon d'élution KL</b> (Elution Buffer KL)	2 ml	15 ml	30 ml
<b>Tampon de lyse LT</b> (Lysis Buffer LT)	10 ml	50 ml	250 ml
<b>Tampon R1</b> (Buffer R1)	30 ml	30 ml	4 x 30 ml
<b>Solution de lavage M1</b> (Wash Solution M1)	15 ml (ready-to-use)	20 ml (final volume: 40 ml)	80 ml (final volume: 160 ml)
<b>Solution de lavage M2</b> (Wash Solution M2)	15 ml (ready-to-use)	2 x 12 ml (final volume: 2 x 60 ml)	2 x 40 ml (final volume: 2 x 200 ml)
<b>Billes Z1</b> (Beads Z1)	1	1	5
<b>Billes Z2</b> (Beads Z2)	1	1	5
<b>Kit Filtres ARN</b> (RNA Filter Set)	10	50	5 x 50
<b>Filtres ADN</b> (DNA Filter)	10	50	5 x 50
<b>Tubes receveurs 2,0 ml</b> (2,0 ml Receiver Tubes)	20	2 x 50	10 x 50
<b>Tubes receveurs GS</b> (Receiver Tubes GS)	10	50	5 x 50
<b>Tubes d'élution</b> (Elution Tubes)	10	50	5 x 50
<b>User guide</b>	1	1	1
<b>Art. No.</b>	2034.10	2034.50	2034.250

### Required material and equipment not included in this kit

- 1M DTT
- Ethanol >96 %
- Ethanol >70 %
- Octane/xylene, proteinase K, TE buffer (only for isolation from FFPE tissue material)
- Tubes for erythrocytes lysis (e.g. 15 ml Falcon)
- Microcentrifuge (min 11000 x g)
- Refrigerated centrifuge (only for isolation from blood samples)
- Pipettes with corresponding tips (RNase-free, sterile)
- Disposable gloves
- Bottle (1 liter)

Some components are delivered in concentrated form and have to be diluted appropriately (see chapter « Reagents and buffer solutions preparation », page 2).

## II. Storage and stability

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All kit components, except diluted **Buffer R1**, should be stored at room temperature (15-30 °C).

- Store diluted **Buffer R1** at +4 °C.
- This kit needs a 1M DTT solution (not included). DTT is very instable in solution. It is recommended to store 1M DTT solution at -20 °C.

*Note: do not repeat freeze-thaw cycles of 1M DTT solution. Make aliquots if necessary.*

By following these recommendation, 1M DTT is stable for 12 months.

*Not: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

Ethanol is a volatile compound. Keep **Wash Solution M1** and **Wash Solution M2** tightly closed.

Bring all components to room temperature (15-30°C) and check solutions for absence of precipitates before use. Redisolve precipitates by heating (< 30 °C).

*Note: all kit components are stable for at least 12 months.*

## III. Reagents and buffer solutions preparation

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Prepare the buffers and solutions with RNase-free ddH<sub>2</sub>O (DEPC treated)

### 1. Kit 10 extractions:

- Transfer the concentrated **Buffer R1** (30 ml) into a bottle containing 970 ml of H<sub>2</sub>O. Annotate the bottle ("**Diluted Buffer R1**" + "**Date**") and store at +4 °C.

*Note: this kit needs a 1M DTT solution (not included). DTT is very instable in solution. It is preferable to prepare a new solution for each use.*

*It is however possible to prepare a stock of 1M DTT aliquots, and store them as described in chapter "Storage and stability" page 2.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

*Note: in the 10 extractions kit **Wash Solution M1** and **Wash Solution M2** are ready-to-use.*

## 2. Kit 50 extractions:

- Transfer the concentrated **Buffer R1** (30 ml) into a bottle containing 970 ml of H<sub>2</sub>O. Annotate the bottle ("**Diluted Buffer R1**" + "**Date**") and store at +4 °C.
- Add 20 ml of >96 % ethanol to the **Wash Solution M1**. Mix and store the bottle tightly closed.
- Add 48 ml of >96 % ethanol to each **Wash Solution M2**. Mix and store the bottle tightly closed.

*Note: this kit needs a 1M DTT solution (not included). DTT is very instable in solution. It is preferable to prepare a new solution for each use.*

*It is however possible to prepare a stock of 1M DTT aliquots, and store them as described in chapter "Storage and stability" page 2.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

## 3. Kit 250 extractions:

- Transfer each concentrated **Buffer R1** (30 ml) into a bottle containing 970 ml of H<sub>2</sub>O. Annotate the 4 bottles ("**Diluted Buffer R1**" + "**Date**") and store at +4 °C.
- Add 80 ml of >96 % ethanol to the **Wash Solution M1**. Mix and store the bottle tightly closed.
- Add 160 ml of >96 % ethanol to each **Wash Solution M2**. Mix and store the bottle tightly closed.

*Note: this kit needs a 1M DTT solution (not included). DTT is very instable in solution. It is preferable to prepare a new solution for each use.*

*It is however possible to prepare a stock of 1M DTT aliquots, and store them as described in chapter "Storage and stability" page 2.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

## IV. Protocol 1: RNA isolation from cell culture (up to $1.10^7$ cells)

### **Before starting**

- Ensure that reagents/buffers preparation has been done (see chapter “Reagents and buffer solutions preparation”, page 2).
- The last step needs to place the elution tube in ice. Prepare the ice in due time.
- Supplement the required amount of **Lysis Buffer LT** with 1M DTT at 1 % of final volume. (see step 1c or 2)

e.g. : 693  $\mu$ l Lysis Buffer LT + 7  $\mu$ l DTT 1M = 700  $\mu$ l Lysis Buffer LT supplemented with DTT

*Note: always use RNase-free consumables.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

*Note: the mix Lysis buffer + DTT is instable over time, only prepare the required amounts for the protocol.*

*Note: Lysis Buffer LT contents DNA binding particles. Shake gently before use, to re-suspend the particles. Wait until foam disappearance.*

*Note: To prevent contamination, use new pipet tip for each pipetting step.*

Depending on sample characteristics start with step 1a, 1b or 1c:

- 1a: for cell suspensions.
- 1b: for monolayer cells, excepted monolayers on 6 – 96 well plates, on dishes  $\leq \varnothing$  35 mm or on flasks  $\leq 12.5$  cm<sup>2</sup>. (max.  $1 \times 10^7$  cells)
- 1c: for monolayer cells on 6 – 96 well plates or on dishes  $\leq \varnothing$  35 mm or on flasks  $\leq 12.5$  cm<sup>2</sup>.

<b>1a</b>	<b>Cell harvesting, from a cell suspension</b>
	<ul style="list-style-type: none"> <li>• Centrifuge 5 min at 240 x g, the cell culture containing up to <math>1.10^7</math> cells.</li> <li>• Discard carefully (without disturbing the pellet) the supernatant and the whole culture media</li> <li>• Proceed with step 2 «<b>Cell lysis</b>»</li> </ul>

<b>1b</b>	<b>Cell harvesting, from a monolayer cell culture</b>
	<ul style="list-style-type: none"> <li>• Detach adherent cells by trypsinization</li> <li>• Transfer the cells into a centrifuge tube</li> <li>• Centrifuge 5 min at 240 x g</li> <li>• Discard carefully (without disturbing the pellet) the whole supernatant</li> <li>• Proceed with step 2 «<b>Cell lysis</b>»</li> </ul>

Steps 1c to 7 →

<b>1c</b>	<b>Cell harvesting and cell lysis</b> , from a monolayer cell culture
	<ul style="list-style-type: none"> <li>• Discard the whole cell culture media</li> <li>• Add directly the required amount(*) of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use) to the cell monolayer</li> </ul>
	<p>(*) Monolayer on 12, 24 and 96 well plates: 350 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p> <p>Monolayer on 6 well plates, on Ø 35 mm dishes or 12.5 cm<sup>2</sup> flasks: 700 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p>
	<ul style="list-style-type: none"> <li>• Collect the cell lysate with a cell scraper</li> <li>• Transfer, with a pipette, the lysate into a reaction tube (not supplied)</li> <li>• Mix entirely by pipetting (any pellets or cell clumps should remain)</li> <li>• Proceed with step 3 « <b>DNA elimination</b> »</li> </ul>

<b>2</b>	<b>Cell lysis</b>
	<ul style="list-style-type: none"> <li>• Detach the cell pellet by flicking the tube</li> <li>• Add the required amount(*) of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> </ul>
	<p>(*) Pellet with less than 5 x 10<sup>6</sup> cells : 350 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p> <p>Pellet with 5 x 10<sup>6</sup> to 1 x 10<sup>7</sup> cells: 700 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p>
	<ul style="list-style-type: none"> <li>• Mix entirely by pipetting (any pellets or cell clumps should remain)</li> </ul>

*Note: passing the lysate through a gauge 20 needle improves the RNA extraction yield. (Shearing occurs and DNA breaks down).*

<b>3</b>	<b>DNA elimination</b>
	<ul style="list-style-type: none"> <li>• Insert a <b>DNA Filter</b> into a <b>2,0 ml Receiver Tube</b> (with lid)</li> <li>• Transfer the lysate from step 1c or 2 (as the case may be) into the <b>DNA Filter</b></li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 2 min. at 11000 x g</li> <li>• Discard the <b>DNA Filter</b></li> </ul> <p><b>Note: keep the DNA Filter if the DNA extraction is also intended.</b></p>

<b>4</b>	<b>RNA adsorption to the RNA Filter</b>
	<ul style="list-style-type: none"> <li>• Add the required amount(*) of ethanol (70 %) to the flow-through</li> </ul>
	<p>(*) Less than 5 x 10<sup>6</sup> cells: 250 µl of ethanol (70 %).</p> <p>From 5 x 10<sup>6</sup> to 1 x 10<sup>7</sup> cells: 500 µl of ethanol (70 %).</p>
	<ul style="list-style-type: none"> <li>• Mix entirely by pipetting</li> <li>• Transfer the mixture into a <b>RNA Filter set</b> (RNA filter in his receiver tube GS)</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> </ul> <p><i>Note: if the samples volume exceeds 700 µl, centrifuge the flow-through + ethanol mixture by successive steps.</i></p>

Steps 5 to 7 →

<b>5</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>• Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through <u>and the Receiver tube</u></li> <li>• Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>6</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>• Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Repeat 1 X the washing-centrifugation step</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>7</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>• Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>• Add 40 – 100 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>• Incubate 2 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*

## V. Protocol 2: RNA extraction from whole blood (0.5 – 1.5 ml, $<1.10^7$ leukocytes)

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### **Before starting**

- Ensure that reagents/buffers preparation has been done (see chapter “Reagents and buffer solutions preparation”, page 2).
- The first and the last step needs to place the tube in ice. Prepare the ice in due time.
- The first step needs **Diluted Buffer R1** refrigerated at 4 °C
- The first step needs a refrigerated centrifuge (4 °C)

*Note: always use RNase-free consumables.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

*Note: To prevent contamination, use new pipet tip for each pipetting step.*

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- Supplement the required amount of **Lysis Buffer LT** with 1M DTT at 1 % of final volume. (see step 2)

e.g. : 693  $\mu$ l Lysis Buffer LT + 7  $\mu$ l DTT 1M = 700  $\mu$ l Lysis Buffer LT supplemented with DTT

*Note: the mix Lysis buffer + DTT is instable over time, only prepare the required amounts for the protocol.*

*Note: **Lysis Buffer LT** contents DNA binding particles. Shake gently before use, to re-suspend the particles. Wait until foam disappearance.*

<b>1</b>	<b>Leukocytes concentration</b>
	<ul style="list-style-type: none"> <li>• Homogenize the sample by inverting carefully (min. 15 to 20 inversions)</li> <li>• Transfer 0.5 - 1.5 ml of the sample into a 15 ml tube (not supplied) and add 10 ml of refrigerated (4 °C) <b>Diluted Buffer R1</b></li> <li>• Mix briefly, but entirely, by inverting</li> <li>• Incubate 15 - 20 min. in ice and mix briefly, during incubation, by inverting 2 times</li> </ul> <p><i>Note: for fresh blood (&lt; 3 hours) increase the incubation time to 45 min.</i></p> <ul style="list-style-type: none"> <li>• Centrifuge 5 min., at <b>4 °C</b>, at 960 x g</li> <li>• Remove delicately the supernatant (retain only the pellet)</li> <li>• Add 5 ml of refrigerated (4 °C) <b>Diluted Buffer R1</b> to the pellet</li> <li>• Mix by snapping the tube with the finger</li> <li>• Centrifuge 5 min., at <b>4 °C</b>, at 960 x g</li> <li>• Remove the whole supernatant (red interface included), and retain only the small white pellet</li> </ul>

<b>2</b>	<b>Nucleic acids extraction</b>
	<ul style="list-style-type: none"> <li>• Add 900 µl of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Mix by pipetting until pellet is entirely resuspended (any pellets or cell clumps should remain)</li> </ul> <p><i>Note: gelatinous looking particles from DNA/ <b>Lysis Buffer LT</b> interaction, are not to dissolve.</i></p>

<b>3</b>	<b>DNA elimination</b>
	<ul style="list-style-type: none"> <li>• Transfer the solution from step 2 into a 2.0 ml receiver tube</li> <li>• Vortex 10 sec.</li> <li>• Incubate 5 min. at room temperature and vortex 3 – 5 times during incubation</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Transfer the supernatant into a new 2.0 ml receiver tube. Do not transfer the pellet, gelatinous parts or mineral particles</li> <li>• Add 750 µl of &gt;96 % ethanol to the tube containing the supernatant Au tube</li> <li>• Mix by pipetting</li> </ul>

<b>4</b>	<b>RNA adsorption to the RNA Filter, by successive steps</b>
	<ul style="list-style-type: none"> <li>• Transfer the first 800 µl of the solution from the previous step (supernatant + ethanol), into the center of a <b>RNA Filter</b> (filter inserted in new tube)</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the tube</li> <li>• Transfer the leftover of the solution from step 3 (supernatant + ethanol) into the center of the <b>RNA Filter</b></li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the tube</li> </ul>

Steps 5 to 7 →

<b>5</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>• Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through <u>and the Receiver tube</u></li> <li>• Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>6</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>• Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Repeat 1 X the washing-centrifugation step</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>7</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>• Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>• Add 30 – 60 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>• Incubate 2 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*

*Note: for RNA extraction from a buffy coat pellet obtained by centrifugation, start directly from step 2 “**Nucleic acids extraction**” (pellet must be entirely free from supernatant).*

## VI. Protocol 3: RNA extraction from up to 20 mg tissue

### **Before starting**

- Ensure that reagents/buffers preparation has been done (see chapter “Reagents and buffer solutions preparation”, page 2).
- The last step needs to place the elution tube in ice. Prepare the ice in due time.

*Note: always use RNase-free consumables.*

*Note: 1M DTT can be replaced by 1M  $\beta$ -mercaptoethanol.*

- Supplement the required amount of **Lysis Buffer LT** with 1M DTT at 1 % of final volume. (see step 1a or 1b)

e.g. : 693  $\mu$ l **Lysis Buffer LT** + 7  $\mu$ l DTT 1M = 700  $\mu$ l **Lysis Buffer LT** supplemented with DTT

*Note: the mix Lysis buffer + DTT is instable over time, only prepare the required amounts for the protocol.*

*Note: **Lysis Buffer LT** contents DNA binding particles. Shake gently before use, to re-suspend the particles. Wait until foam disappearance.*

*Note: To prevent contamination, use new pipet tip for each pipetting step.*

Depending on sample characteristics, manual (1a) or automated (1b) grinding approach is more appropriated

	Automated sample grinding
1a	<ul style="list-style-type: none"> <li>• Transfer the sample in a suitable container (not supplied) adapted for grinding with a vortex, homogenizer, bead mills ...</li> <li>• Add 6 <b>Beads Z1</b> and 3 <b>Beads Z2</b></li> <li>• Add 600 <math>\mu</math>l of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Grind and homogenise the sample</li> <li>• Transfer the sample into a 2.0 ml receiver tube</li> <li>• Proceed with step 2 “<b>DNA elimination</b>”</li> </ul>

	Manual sample grinding
1b	<ul style="list-style-type: none"> <li>• Grinding of the starting material by using a pestle and liquid nitrogen</li> <li>• Transfer the resulting powder in a 2.0 ml receiver tube <i>Note : do <u>not thaw</u> the sample</i></li> <li>• Add 600 <math>\mu</math>l of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Incubate under continuous shaking at room temperature until having a homogeneous lysate</li> </ul>

*Note: passing the lysate through a gauge 20 needle improves the RNA extraction yield. (Shearing occurs and DNA breaks down).*

Steps 2 to 6 →

<b>2</b>	<b>DNA elimination</b> (and beads removal where necessary)
	<ul style="list-style-type: none"> <li>• Centrifuge 2 min. at max. speed</li> <li>• Transfer carefully approx. 500 µl of the supernatant into a new 2.0 ml collection tube (not supplied)</li> <li>• Add 330 µl of &gt;96 % ethanol into the new 2.0 ml collection tube</li> <li>• Mix entirely by pipetting</li> </ul>

<b>3</b>	<b>RNA adsorption to the RNA Filter</b>
	<ul style="list-style-type: none"> <li>• Transfer the whole solution from the collection tube of the previous step into the center of the <b>RNA Filter</b> from a <b>RNA Filter Set</b> (filter inserted in a tube)</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 2 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the tube</li> </ul>

<b>4</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>• Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and the <u>Receiver tube</u></li> <li>• Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>5</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>• Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Repeat 1 X the washing-centrifugation step</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>6</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>• Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>• Add 30 – 60 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>• Incubate 2 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*

## VII. Protocol 4: RNA extraction from formalin-fixed, paraffin-embedded tissues (FFPE)

### Before starting

- Ensure that reagents/buffers preparation has been done (see chapter “Reagents and buffer solutions preparation”, page 2).

*Note: always use RNase-free consumables.*

- Prepare in due time octane or xylene (not supplied).
- Prepare in due time the proteinase K (40 mg/ml) (not supplied).
- Prepare in due time 1 mM DTT (not supplied).
- Prepare in due time the RNase-free TE buffer (not supplied).
- The last step needs to place the elution tube in ice. Prepare the ice in due time.

- Supplement the required amount of **Lysis Buffer LT** with 1M DTT at 1 % of final volume. (see step 1a or 1b of protocol 3, page 10)

e.g. : 693  $\mu$ l **Lysis Buffer LT** + 7  $\mu$ l DTT 1M = 700  $\mu$ l **Lysis Buffer LT** supplemented with DTT

*Note: the mix Lysis buffer + DTT is instable over time, only prepare the required amounts for the protocol.*

*Note: **Lysis Buffer LT** contents DNA binding particles. Shake gently before use, to re-suspend the particles. Wait until foam disappearance.*

*Note: To prevent contamination, use new pipet tip for each pipetting step.*

1	Deparaffinization
	<ul style="list-style-type: none"> <li>• Transfer the sample into a 1.5 ml reaction tube (not supplied)</li> <li>• Add 0.5 ml octane or xylene</li> <li>• Vortex gently until paraffin is dissolved</li> <li>• Centrifuge 2 min. at max. speed</li> <li>• Remove delicately the supernatant (retain only the pellet)</li> </ul> <p><i>Note: if it remains some paraffin, centrifuge again 2 min. at max. speed and remove delicately the supernatant.</i></p> <ul style="list-style-type: none"> <li>• Wash the pellet with &gt;96 % ethanol, then dry it</li> <li>• Centrifuge briefly</li> <li>• Remove ethanol with a pipette</li> <li>• Incubate the open tube at 52 °C to remove the remaining ethanol</li> </ul>

2	Preliminary cell lysis
	<ul style="list-style-type: none"> <li>• Add 10 <math>\mu</math>l of proteinase K (40 mg/ml), 90 <math>\mu</math>l of RNase-free TE buffer and DTT at final concentration 10 mM (approx. 1 <math>\mu</math>l of 1M DTT)</li> </ul> <p><i>Note: mechanical grinding is recommended before or during the lysis.</i></p> <ul style="list-style-type: none"> <li>• Mix entirely by pipetting</li> <li>• Incubate 10 min. at 48 °C</li> <li>• Incubate 10 min. under continuous shaking at 80 °C</li> </ul>

**Proceed with step 1 of protocol 3 “RNA extraction from up to 20 mg tissue” (page 10), with the whole sample.**

## VIII. Protocol 5: RNA isolation from up to 20 mg lung, kidney or spleen

### Before starting

- Ensure that reagents/buffers preparation has been done (see chapter “Reagents and buffer solutions preparation”, page 2).
- The last step needs to place the elution tube in ice. Prepare the ice in due time.
- Supplement the required amount of **Lysis Buffer LT** with 1M DTT at 1 % of final volume. (see step 1a or 1b)

e.g. : 693 µl Lysis Buffer LT + 7 µl DTT 1M = 700 µl Lysis Buffer LT supplemented with DTT

*Note: always use RNase-free consumables.*

*Note: 1M DTT can be replaced by 1M β-mercaptoethanol.*

*Note: the mix Lysis buffer + DTT is instable over time, only prepare the required amounts for the protocol.*

*Note: Lysis Buffer LT contents DNA binding particles. Shake gently before use, to re-suspend the particles. Wait until foam disappearance.*

*Note: To prevent contamination, use new pipet tip for each pipetting step.*

Depending on sample characteristics, manual (1a) or automated (1b) grinding approach is more appropriated

	Automated sample grinding
1a	<ul style="list-style-type: none"> <li>• Transfer the sample in a suitable container (not supplied) adapted for grinding with a vortex, homogenizer, bead mills ...</li> <li>• Add 6 <b>Beads Z1</b> and 3 <b>Beads Z2</b></li> <li>• Add 900 µl of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Grind and homogenise the sample</li> <li>• Transfer the sample into a 2.0 ml receiver tube</li> <li>• Proceed with step 2 “<b>DNA elimination</b>”</li> </ul>

	Manual sample grinding
1b	<ul style="list-style-type: none"> <li>• Grinding of the starting material by using a pestle and liquid nitrogen</li> <li>• Transfer the resulting powder in a 2.0 ml receiver tube</li> <li><i>Note : do <u>not thaw</u> the sample</i></li> <li>• Add 900 µl of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Incubate under continuous shaking at room temperature until having a homogeneous lysate</li> </ul>

*Note: passing the lysate through a gauge 20 needle improves the RNA extraction yield. (Shearing occurs and DNA breaks down)*

Steps 2 to 6 →

<b>2</b>	<b>DNA elimination</b> (and beads removal where necessary)
	<ul style="list-style-type: none"> <li>• Centrifuge 2 min. at max. speed</li> <li>• Transfer carefully approx. 800 µl of the supernatant into a new 2.0 ml collection tube (not supplied)</li> <li>• Add 500 µl of &gt;96 % ethanol into the new 2.0 ml collection tube</li> <li>• Mix entirely by pipetting</li> </ul>

<b>3</b>	<b>RNA adsorption to the RNA Filter</b>
	<ul style="list-style-type: none"> <li>• Transfer 750 µl of the solution from the previous step into the center of the <b>RNA Filter</b> from a <b>RNA Filter Set</b> (filter inserted in a tube)</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 2 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the tube</li> </ul>

<b>4</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>• Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through <u>and the Receiver tube</u></li> <li>• Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>5</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>• Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Repeat 1 X the washing-centrifugation step</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>6</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>• Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>• Add 30 – 60 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>• Incubate 2 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*

## IX. Variant I: simultaneous extraction of total RNA and proteins

Proteins may be recovered from the flow-through of:

- Step 4 “**RNA adsorption to the RNA Filter**” of protocol 1. (page 5)
- Step 3 “**RNA adsorption to the RNA Filter**” of protocol 3. (page 11)

	<b>Protein precipitation</b>
<b>1</b>	<ul style="list-style-type: none"><li>• Add 3 volume of ice cold acetone to the flow-through</li><li>• Vortex</li><li>• Centrifuge 10 min. at 4 °C, at 11000 x g</li><li>• Discard the supernatant (do not remove the pellet)</li></ul>

	<b>Protein resuspension</b>
<b>3</b>	<ul style="list-style-type: none"><li>• Resuspend the pellet/ the proteins in an appropriate buffer solution suitable for further applications</li></ul> <p>(e.g.: Laemmli buffer then heat 5 min. at 99 °C.)</p>

	<b>Protein washing</b>
<b>2</b>	<ul style="list-style-type: none"><li>• Add 500 µl of cold &gt;96 % ethanol</li><li>• Centrifuge 4 min. at 4 °C, at max. speed</li><li>• Discard the supernatant (do not remove the pellet)</li></ul>

Caution: Never do a trichloroacetic acid (TCA) precipitation (risk of gas intoxication!)

## X. Variant II: simultaneous extraction of total RNA and DNA in protocol 1

- DNA may be recovered from the **DNA Filter** of step 3 “**DNA elimination**” of protocol 1. (page 5)

<b>1</b>	<b>DNA washing, step I</b>
	<ul style="list-style-type: none"> <li>Insert the <b>DNA Filter</b> in a new 2.0 ml receiver tube (not supplied)</li> <li>Add 600 µl of <b>Wash Solution M1</b> to the <b>DNA Filter</b></li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the flow-through <u>and the Receiver tube</u></li> <li>Insert the <b>DNA Filter</b> into a <u>new</u> receiver tube</li> </ul>

<b>2</b>	<b>DNA washing, step II</b>
	<ul style="list-style-type: none"> <li>Add 700 µl of <b>Wash Solution M2</b> to the <b>DNA Filter</b></li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the flow-through and put the <b>DNA Filter</b> back into the receiver tube</li> <li>Repeat 1 X the washing-centrifugation step</li> <li>Discard the flow-through and put the <b>DNA Filter</b> back into the receiver tube</li> <li>Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>3</b>	<b>Elution of genomic DNA</b>
	<ul style="list-style-type: none"> <li>Insert the <b>DNA Filter</b> into a 1.5 ml elution tube</li> <li>Add 40 – 100 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>Incubate 2 min. at room temperature</li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the <b>DNA Filter</b> and place the elution tube with eluted DNA at 4 °C</li> </ul> <p><i>Note: DNA elution can also be achieved with ddH<sub>2</sub>O.</i></p>

*Note: this protocol requires a larger amount of tubes and solutions. Using this protocol reduce the total number of RNA extractions.*

## XI. Variant III: RNA purification from aqueous phase of Trizol

<b>1</b>	<b>DNA elimination</b>
	<ul style="list-style-type: none"> <li>• In a 2.0 ml reaction tube, add to up to 350 µl of Trizol aqueous phase an equal amount of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use)</li> <li>• Mix entirely by pipetting</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 2 min. at 11000 x g</li> <li>• Transfer the supernatant into a new 2.0 ml receiver tube</li> </ul>

<b>2</b>	<b>RNA adsorption to the RNA Filter</b>
	<ul style="list-style-type: none"> <li>• Add 1 volume of &gt;96 % ethanol to the supernatant from previous step</li> <li>• Mix entirely by pipetting</li> <li>• Transfer the mixture into the center of the <b>RNA Filter</b> from a <b>RNA Filter Set</b> (filter inserted in a tube)</li> <li>• Incubate 1 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the receiver tube</li> </ul> <p><i>Note: if the supernatant + ethanol volume exceeds 700 µl, operate in successive centrifugation steps by using the same RNA Filter.</i></p>

<b>3</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>• Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through <u>and the Receiver tube</u></li> <li>• Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>4</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>• Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Repeat 1 X the washing-centrifugation step</li> <li>• Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>• Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>5</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>• Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>• Add 40 – 100 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>• Incubate 2 min. at room temperature</li> <li>• Centrifuge 1 min. at 11000 x g</li> <li>• Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*

## XII. Variant IV: RNA isolation from liquids

Depending on sample characteristics (contaminated or not contaminated by DNA), start with step 1a or 1b

<b>1a</b>	<b>Sample preparation</b> (sample not contaminated by DNA)
	<ul style="list-style-type: none"> <li>Transfer the required amount(*) of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use) into an empty <b>DNA Filter</b> (filter inserted in a tube)</li> </ul>
	<p>(*) for samples with a volume of 100 µl: 350 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p> <p>for samples with a volume of 200 µl: 700 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p>
	<ul style="list-style-type: none"> <li>Centrifuge 2 min. at 13400 x g</li> <li>Discard the <b>DNA Filter</b></li> <li>Add the sample (100 µl or 200 µl, as the case may be) to the tube containing the flow-through</li> <li>Proceed with step 2 "<b>RNA adsorption to the RNA Filter</b>"</li> </ul>

<b>1b</b>	<b>Sample preparation</b> (sample contaminated by DNA)
	<ul style="list-style-type: none"> <li>Add the required amount(*) of DTT supplemented <b>Lysis Buffer LT</b> (shake gently before use) to the sample</li> </ul>
	<p>(*) for samples with a volume of 100 µl: 350 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p> <p>for samples with a volume of 200 µl: 700 µl of DTT supplemented <b>Lysis Buffer LT</b>.</p>
	<ul style="list-style-type: none"> <li>Mix thoroughly by pipetting</li> <li>Transfer the entire mixture (including possible precipitates) into a <b>DNA Filter</b> (filter inserted in a tube)</li> <li>Incubate 1 min. at room temperature</li> <li>Centrifuge 2 min. at 11000 x g</li> </ul> <p><i>Note: if the volume of the mixture exceeds 700 µl, operate in successive centrifugation steps, by using the same DNA Filter.</i></p> <ul style="list-style-type: none"> <li>Discard the <b>DNA Filter</b></li> </ul>

Steps 2 to 5 →

<b>2</b>	<b>RNA adsorption to the RNA Filter</b>
	<ul style="list-style-type: none"> <li>Add the required amount(*) of ethanol &gt;96 % to the receiver tube of the previous step</li> </ul> <hr/> <p>(*) for samples with a volume of 100 µl: 250 µl of &gt;96 % ethanol.</p> <p>for samples with a volume of 200 µl: 500 µl of &gt;96 % ethanol.</p> <hr/> <ul style="list-style-type: none"> <li>Mix thoroughly by pipetting</li> <li>Transfer the entire mixture into a <b>RNA Filter</b> (filter inserted in a tube)</li> <li>Incubate 1 min. at room temperature</li> <li>Centrifuge 2 min. at 11000 x g</li> <li>Discard the flow-through and put the <b>RNA Filter</b> back into the receiver tube</li> </ul> <p><i>Note: if the mixture volume exceeds 700 µl, operate in successive centrifugation steps by using the same RNA Filter.</i></p>

<b>3</b>	<b>RNA washing, step I</b>
	<ul style="list-style-type: none"> <li>Add 600 µl of <b>Wash Solution M1</b> to the <b>RNA Filter</b></li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the flow-through and the <u>Receiver tube</u></li> <li>Insert the <b>RNA Filter</b> into a <u>new Receiver Tube GS</u></li> </ul>

<b>4</b>	<b>RNA washing, step II</b>
	<ul style="list-style-type: none"> <li>Add 700 µl of <b>Wash Solution M2</b> to the <b>RNA Filter</b></li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>Repeat 1 X the washing-centrifugation step</li> <li>Discard the flow-through and put the <b>RNA Filter</b> back into the <b>Receiver Tube GS</b></li> <li>Centrifuge 4 min. at max. speed, to remove remaining ethanol</li> </ul>

<b>5</b>	<b>Elution of total RNA</b>
	<ul style="list-style-type: none"> <li>Insert the <b>RNA Filter</b> into a RNase-free <b>Elution Tube</b></li> <li>Add 40 – 100 µl of <b>Elution Buffer KL</b> (depending on desired yield and concentration)</li> <li>Incubate 2 min. at room temperature</li> <li>Centrifuge 1 min. at 11000 x g</li> <li>Discard the <b>RNA Filter</b> and <u>place immediately the <b>Elution Tube</b> with eluted RNA on ice</u></li> </ul>

Eluted RNA is ready for down-stream applications and can directly be used for Northern blots, dot blots, RT-PCR, DDRT-PCR, construction of cDNA libraries, etc., or can be stored at -80 °C for several weeks.

*Note: RNA elution can also be achieved with RNase-free ddH<sub>2</sub>O.*